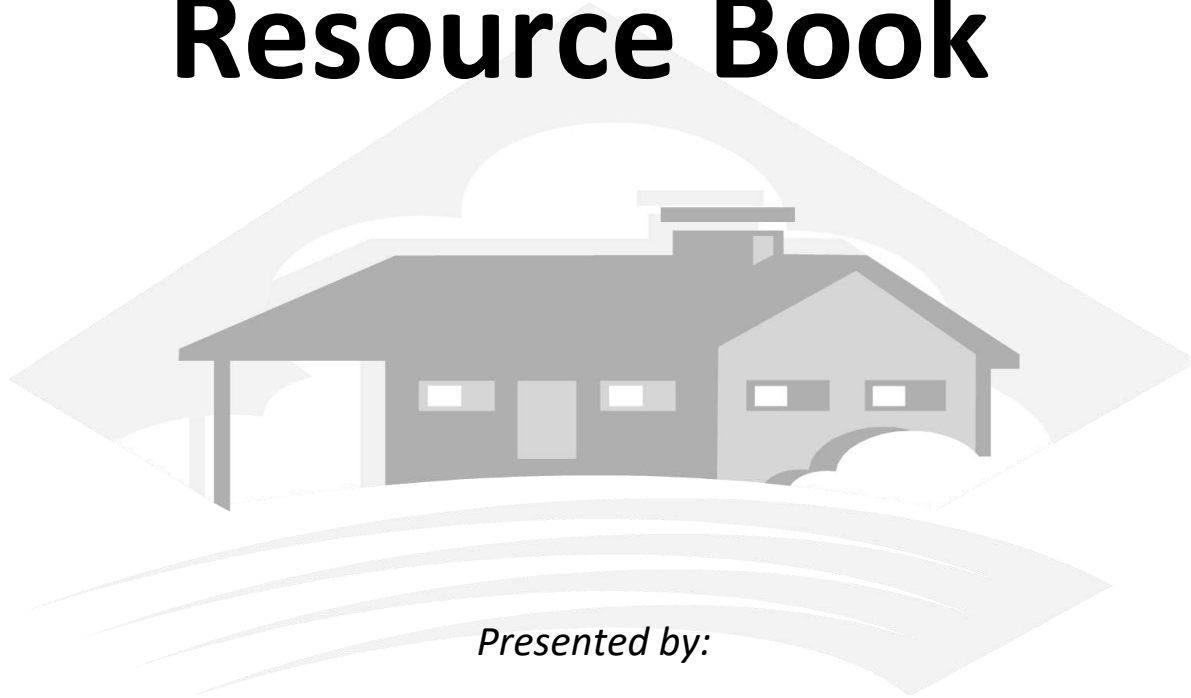


Mitchell County Resource Book



Presented by:

Mitchell County

Home Health Care and Public Health

Partially funded through Public Health Emergency Preparedness Grant funds

CRISIS AND EMERGENCY SERVICES

EMERGENCY 911

| | |
|--|--------------|
| Mitchell County Sheriff | 641-732-4740 |
| Mitchell County Emergency Management | 641-732-5872 |
| Iowa State Patrol (Highway Emergency) | 800-525-5555 |
| Red Cross/Austin MN | 507-437-4589 |
| Red Cross/Mason City | 641-424-2454 |
| Osage Police | 641-732-3777 |
| St. Ansgar Police Department | 641-713-4767 |
| Riceville, Stacyville, New Haven Police | 800-392-0005 |
| Child/Dependent Adult Abuse | 800-362-2178 |
| Catholic Charities | 800-722-2758 |
| Crisis Childcare | 800-289-3000 |
| Crisis Intervention Service | 800-479-9071 |
| Domestic Abuse Hotline | 800-942-0333 |
| IA Lutheran Hosp/Des Moines – Suicide Line | 800-247-0614 |
| Poison Control Center | 800-272-6477 |
| Substance Abuse Information Center | 800-247-0614 |
| Mitchell County Social Services* | 641-832-2615 |

**For General Assistance, Mental Health,
& Disability Services*

AGRICULTURE

| | | |
|---------------------------------------|--------------|--|
| Department of Agriculture | 515-281-5322 | www.iowaagriculture.gov |
| Rural Concern/Iowa Hotline | 800-447-1985 | www.extension.iastate.edu/iowaconcern/ |
| Department of Natural Resources (DNR) | 515-725-8200 | http://www.iowadnr.gov/ |
| ISU Extension Services/Floyd County | 641-228-1453 | https://www.extension.iastate.edu/floyd/staff |
| Mitchell County Extension Office | 641-732-5574 | www.extension.iastate.edu/forestry/counties/mitchell.html |
| National Farmers Union | 202-554-1600 | https://nfu.org |
| National Family Farm Coalition | 202-543-5675 | http://nffc.net/ |
| National Farmers Organization | 800-247-2110 | http://www.nfo.org/ |

BUSINESS

| | | |
|---|--------------|---|
| NIACC | 888-466-4222 | https://www.niacc.edu |
| Small Business Development Center/Toll Free | 888-466-4222 | https://www.niacc.edu/pappajohn/business-development |
| Small Business Development Center/Local | 641-422-4342 | https://www.niacc.edu/pappajohn/business-development |
| United States Small Business Administration | 800-827-5722 | https://www.sba.gov |

CHILDCARE PROVIDERS

| | | |
|--------------------------------------|--------------|---|
| Northeast Iowa Child Care & Resource | 800-475-0804 | https://iowaccrr.org |
| Osage Community Daycare | 641-732-3992 | |
| Kids Care/Stacyville | 641-710-2367 | |
| Riceville Community Daycare | 641-985-2161 | |
| Wee Saints Daycare/St. Ansgar | 641-713-4652 | https://weesaintsdaycare.weebly.com |

CLOTHING

| | |
|---|--------------|
| Goodwill/Mason City | 641-424-8338 |
| Salvation Army/Mason City Office | 641-424-4031 |
| Salvation Army/Pick-up and Outlet Store | 641-424-5574 |
| Affordables/Mason City | 641-423-7071 |
| Shop on State 7th Street, Osage | 641-832-3030 |

CHURCH DIRECTORY

All Churches can offer assistance. Call the denomination of your choice.

| | | |
|--|--------------|---|
| First Baptist Church/Osage | 641-732-5585 | |
| St. Ansgar Baptist Church/St. Ansgar | 641-713-2111 | |
| Immaculate Conception/Riceville | 641-393-2520 | |
| St. Peter's Catholic Church/New Haven | 641-393-2520 | |
| Sacred Heart Church/Osage | 641-732-4342 | |
| Visitation Church/Stacyville | 641-732-4342 | |
| Christian And Missionary Alliance Church/Osage | 641-732-3290 | https://osagealliance.com/ |
| New Covenant Fellowship | 641-732-3187 | |
| Dear Creek Lutheran Church/Carpenter | 641-324-2430 | |
| Faith Lutheran Church/Mitchell | 641-732-4117 | |
| First Lutheran Church/St. Ansgar | 641-713-4873 | |
| Immanuel Lutheran Church/St. Ansgar | 641-713-4782 | http://www.immanuelsta.org/ |
| Our Savior's Lutheran Church/Osage | 641-732-5522 | |
| Rock Creek Lutheran Church | 641-220-0205 | |
| St. Peter's Lutheran Church/Riceville | 641-985-2421 | |
| St. Peter's Lutheran Church/Toeterville | 641-430-2400 | dcstplutheran@myomnitel.com |
| St. John's Lutheran Church | 641-748-2976 | |
| Trinity Lutheran Church/Osage | 641-732-4771 | |
| Mona Lutheran Church (Trinity Lutheran Lyle, MN) | 507-325-2437 | |
| United Church of Christ/Osage | 641-732-3452 | |
| First United Methodist Church/Osage | 641-732-4850 | http://www.osageumc.org/home |
| Pastor's Residence | 641-732-5167 | |
| United Methodist/Little Cedar | 641-983-4483 | |
| United Methodist/McIntire | 641-985-2066 | http://www.umc.org/find-a-church/church/51908 |
| United Methodist/Riceville | 641-985-2066 | http://www.umc.org/find-a-church/church/51908 |
| United Methodist/St. Ansgar | 641-713-4300 | http://www.umc.org/find-a-church/church/51918 |
| Prairie Lakes Church | 641-832-2913 | http://www.prairielakeschurch.org/osage/ |

DENTAL

Dental Assistance

| | | |
|---|--------------|---|
| Dental Services for Persons with Disabilities | 319-356-1513 | https://uichildrens.org |
| Iowa Dental Elderly Access/Elderbridge | 800-243-0678 | http://elderbridge.org/ |

Dental Providers

Dr. Kyle Bobinet/Osage 641-732-3293
Dr. James Janka/Osage 641-732-3622
Dr. Jeff Ernst/Riceville 641-985-2555
Burgmeier Dentistry/ St. Ansgar 641-736-4302

<http://www.burgmeierdentistry.com/>

EMPLOYMENT

Division of Vocational Rehabilitation 641-422-1547
Kelly Services 641-424-3614
Elderbridge Agency on Aging 800-243-0678
Employment Partnership of Iowa, NIACC Charles City 641-228-4634
Experience Works 641-424-0909
Express Personnel Services 641-423-5613
Iowa Workforce Development Center, Mason Cit 641-422-1524
Nivc Services Inc. 641-423-3301

<http://www.ivrs.iowa.gov/index.html>
<https://www.kellyservices.us/>
<http://elderbridge.org/>
<https://www.niacc.edu>
<http://www.experienceworks.org>
<https://www.expresspros.com/masoncityia/>
<https://www.iowaworkforcedevelopment.gov/>
<http://www.nivcservices.org/>

EDUCATION

ISU Extension Services 641-732-5574
Central Rivers AEA 641-357-6125

<https://www.extension.iastate.edu/mitchell/>
www.centralriversaea.org

Libraries

Osage Public Library 641-732-3323
Riceville Public Library 641-985-2273
St. Ansgar Nissen Public Library 641-713-2218
Stacyville Public Library 641-710-2531

<https://sites.google.com/site/osagepl/>
<http://www.ricevillepubliclibrary.com/>
<http://www.youseemore.com/NILC/Nissen/>
<http://www.youseemore.com/NILC/Stacyville/>

Preschool

Growing Tree Preschool 641-420-2926
Merriland Preschool 641-713-4873
Riceville Community Preschool 641-985-2288
St. Ansgar Community Preschool 641-713-2331
Osage Community Preschool 641-732-5856
Stacyville Kids Care 641-710-2367

<https://www.oslcosage.org/growing-tree-preschool>

<https://www.riceville.k12.ia.us/>
<http://www.st-ansgar.k12.ia.us/>
<http://www.osageschools.com/lincoln-elementary>

Schools

| | | |
|---|--------------|---|
| Lincoln Elementary/Osage | 641-732-5856 | http://www.osageschools.com/lincoln-elementary |
| Osage Middle School | 641-732-3127 | http://www.osageschools.com/middle-school |
| Osage High School | 641-732-3102 | http://www.osageschools.com/high-school |
| Riceville Community Schools | 641-985-2288 | https://www.riceville.k12.ia.us/ |
| St. Ansgar Elementary School | 641-713-2331 | http://www.st-ansgar.k12.ia.us/ |
| St. Ansgar High/Middle School | 641-713-4720 | http://www.st-ansgar.k12.ia.us/ |
| Buena Vista University, Mason City Center | 712-749-1950 | http://bvu.edu/masoncity |
| North Iowa Area Community College | 888-486-4222 | https://www.niacc.edu/ |

EYE CARE PROVIDERS

| | | |
|-----------------------------|--------------|---|
| Dr. Robert Roggensack/Osage | 641-732-6100 | http://www.mercynorthiowa.com/robert-roggensack-od |
|-----------------------------|--------------|---|

FINANCIAL ASSISTANCE

| | | |
|---|---------------------|---|
| Mitchell County Social Services | 641-832-2615ext 235 | |
| *General Assistance, Mental Health, & Disability Services | | |
| Department of Human Services/ (Charles City) | 888-417-9027 | http://dhs.iowa.gov/ |
| Iowa Department of Revenue | 800-367-3388 | https://tax.iowa.gov/ |
| North Iowa Community Action, Osage | 641-732-5383 | https://nicao-online.org/ |
| Rural Economic & Community Development | 641-228-1645 | |
| Small Business Development | 800-772-1312 | https://www.sba.gov/ |
| Social Security Office-Mason City | 866-365-6708 | https://www.ssa.gov/ |

FOOD AND NUTRITION

| | | |
|--|--------------|---|
| Department of Human Services - Food Assistance | 888-417-9027 | http://dhs.iowa.gov/food-assistance |
| Mitchell County Food Bank– Dennis Johnson | 641-832-8643 | |
| *Tuesday & Fridays—415 Pleasant St—Osage, IA | | |
| Riceville Food Pantry-Diane Setka | 641-985-2195 | |
| WIC Clinic - (1st Thurs. of each month) | 800-657-5856 | https://nicao-online.org/wic-nutrition/ |
| Mitchell County Social Services | 641-832-2615 | ext 235 |

HOME DELIVERED MEALS

| | |
|------------------------------------|--------------|
| Riceville Family Care & Therapy | 641-985-2046 |
| Osage Senior Citizen's Center | 641-732-4260 |
| St. Ansgar Senior Citizen's Center | 641-713-2240 |

GROCERY DELIVERY

| | | |
|------------------------------------|--------------|---|
| Food Center/St. Ansgar | 641-713-2160 | |
| Randy's Neighborhood Market /Osage | 641-732-5271 | https://www.randysmarket.com |
| Thome's Grocery/Stacyville | 641-737-2515 | |

GOVERNMENT

| | | |
|---|-----------------------------|---|
| County Attorney | 641-732-5727 | |
| County Conservation Board | 641-732-5204 | https://mitchellcountyconservation.org/ |
| County Emergency Management (Kris Olson) | 641-732-5872 / 641-330-3659 | |
| County Engineer | 641-732-5849 | |
| County Human Services | 888-417-9027 | |
| County Highway Department, Osage | 641-732-5849 | |
| County Highway Department, St. Ansgar | 641-713-4616 | |
| County Highway Department, Stacyville | 641-710-2466 | |
| Mitchell County Social Services (General Assistance, Mental Health, & Disability Services) | 641-832-2615 | |
| County Sheriff | 641-732-4740 | https://www.mitchellcoia.us/ |
| County Zoning Administrator/Sanitarian | 641-832-3943 | https://www.mitchellcoia.us/ |
| County Extension Office | 641-732-5574 | https://www.mitchellcoia.us/ |
| Mitchell County Courthouse Directory | | |
| Assessor's Office | 641-832-3945 | https://www.mitchellcoia.us/ |
| Auditor's Office | 641-832-3946 | https://www.mitchellcoia.us/ |
| (Elections/Voter Registration/Plat Books) | | |
| Recorder's Office | 641-832-3941 | https://www.mitchellcoia.us/ |
| (Marriage/Hunting/Fishing/Boat/Snowmobile Licenses/ Passports/Birth/Death Certificates) | | |
| Clerk of Court | 641-732-3726 | https://www.mitchellcoia.us/ |
| Veterans Benefits | 641-832-2920 | https://www.mitchellcoia.us/ |
| Treasurer's Office | 641-832-3940 | https://www.mitchellcoia.us/ |
| Supervisor's Office | 641-832-3942 | https://www.mitchellcoia.us/ |
| Case Management Office | 641-832-2615 | https://www.mitchellcoia.us/ |

| | | |
|--|--------------|---|
| Mitchell County Home Health Care/Public Health | 641-832-3500 | https://www.mchhcph.com |
| Osage City Hall | 641-732-3709 | https://www.osageia.org/ |
| Osage Chamber of Commerce | 641-732-3163 | https://www.osagechamber.com/ |
| Osage Park and Recreation | 641-732-4674 | |
| Osage Police Department | 641-732-3777 | https://www.osagepd.org/ |
| Osage Public Library | 641-732-3323 | |
| Osage Development Corporation, City Hall | 641-732-3709 | |
| Riceville City Hall | 641-985-2367 | https://riceville.govoffice2.com/ |
| Riceville Public Library | 641-985-2273 | http://www.ricevillepubliclibrary.com/ |
| St. Ansgar Nissen Public Library | 641-713-2218 | |
| St. Ansgar Community Chamber | 641-736-4444 | https://www.stansgar.org/business-and-chamber |
| St. Ansgar City Hall | 641-713-4767 | https://www.stansgar.org/ |
| St. Ansgar Police Department | 641-713-4767 | https://www.stansgar.org/police |
| Stacyville City Clerk | 641-737-2428 | http://www.stacyville.com |
| Stacyville Public Library | 641-710-2531 | |

HEALTH INFORMATION & REFERRAL HELP LINES

| | | |
|-----------------------------------|--------------|---|
| American Cancer Society | 800-227-2345 | https://www.cancer.org/ |
| American Diabetes Association | 800-232-3472 | http://www.diabetes.org/ |
| American Heart Association | 800-242-8721 | http://www.heart.org/HEARTORG/ |
| Caregiver Support Kit (no cost) | 800-930-1357 | http://caregivingfoundation.org/support-kit/ |
| Disabled Veterans Benefits | 202-554-3501 | https://www.dav.org/ |
| Medicare Information | 800-633-4227 | https://www.medicare.gov/ |
| Parkinson's Disease Foundation | 800-473-4636 | http://parkinson.org/ |
| Veterans Benefits—Mitchell County | 641-832-2920 | https://va.iowa.gov/ |

Children and Families

| | | |
|--|--------------|---|
| Home & Family questions | 800-262-3804 | |
| IOWA COMPASS—Iowans with Disabilities | 800-779-2001 | https://iowacompass.org/ |
| Immunization Bureau | 800-831-6293 | https://idph.iowa.gov/immtdb/immunization |
| Teen Line | 800-443-8336 | https://teenlineonline.org/ |
| IOWA Healthy Families Line | 800-369-2229 | http://idph.iowa.gov/family-health |
| North Iowa Community Action Organization | 800-657-5856 | https://nicao-online.org/ |
| National Domestic Violence Hotline | 800-799-7233 | http://www.thehotline.org/ |

HEALTH MINISTRY

Our Savior's Lutheran Church 641-732-5522
Fellowship of Christian Farmers 309-365-8710
National Catholic Rural Life Conference 651-962-5955
Safety Net Prayer Ministry 563-845-1275

<https://www.fcfi.org/>
<https://catholicrurallife.org/>
<http://www.safetynetprayerministry.org/>

HOUSING OPTIONS

Low Income

Connor Management, LLC /Osage 641-435-4788
Lantern Park Apartments/Osage/Key Way Mgmt. 641-228-7679
Maple Manor/McIntire 641-329-5426
Maple Manor/St. Ansgar 515-295-2927
Meadow Brook Apartments/Riceville 641-220-1591
Nelson Agency Corporation/Stacyville 641-444-4075
Park Place Apartments/Osage (3rd ward) 641-423-0897

<http://www.keywaymanagement.com/>
<http://www.murphymanagementservice.com/>
nelsonagency@frontiernet.net
<http://www.nirha.com/>

Nursing Homes

Faith Lutheran/Osage 641-732-5511
Good Samaritan Center/St. Ansgar 641-713-4912
Manly Specialty Care 641-454-2223
Osage Rehabilitation & Health Center 641-732-5520
Riceville Family Care & Therapy 641-985-2626
Stacyville Community Nursing Home 641-710-2215
Elma Colonial Manor 641-393-2134

<http://www.faithlutheranhomeosage.com/>
<https://www.good-sam.com>
<http://www.careinitiatives.org>
<http://trilliumhcg.com/fac-osage.html>
<http://www.ricevillefamilycare.com/home.html>
<http://www.stacyville.com/Pages/SCNH.html>
<http://www.abcmcorp.com/colonial-manor-of-elma>

Respite/Residential

Comprehensive Systems 641-732-5507
Osage Rehabilitation & Health Care Center 641-732-5520
Stacyville Community Nursing Home 641-710-2215
One Vision 641-832-3540

<http://www.comprehensivesystems.org/>
<http://trilliumhcg.com/fac-osage.html>
<http://www.stacyville.com>

Senior Housing

Evergreen Apartments/Osage 641-732-3300
Apple Valley/Osage 641-832-2270
Faith Assisted Living/Osage 641-832-2580

<http://www.faithlutheranhomeosage.com>
<https://www.pickapplevalley.com>
<http://www.faithlutheranhomeosage.com>

HOUSING QUESTIONS/COMPLAINTS

Elder Affairs Commission for Complaints
North Iowa Regional Housing Authority

515-725-3333 <https://www.iowaaging.gov/>
641-423-0897 <http://www.nirha.com/>

HOUSING ASSISTANCE

North Iowa Regional Housing Authority

641-423-0897 <http://www.nirha.com/>

REALTORS

Kolbet Realtors
Main Realty

641-732-3337 <http://www.kolbetrealtors.com/>
641-732-5790 <https://www.mainrealty.net/>

HOME HEALTH CARE

**Mitchell County Home Health Care/Public Health
Administrator**
Toll Free Number
Fax
Email: lhuisman@mitchellcoia.us

641-832-3500
641-832-3502
800-535-2984
641-832-3501

HOME MEDICAL EQUIPMENT

American Home Patient (Mason City)
Unity point (Ft. Dodge)
Chelsea Creek Rehabilitation Service
Homecare Medical Supplies (Charles City)
Mercy Home Care
Thrifty White (Clear Lake)
Mercy Home Therapy Shoppe
Mitchell County Home Medical Shoppe

800-765-1704 <http://www.ahom.com/>
800-383-8500 <http://www.unitypoint.org/interstitial.aspx>
641-428-7498 <http://www.mercynorthiowa.com/>
641-228-7537 <https://www.rotech.com/>
641-428-6444 <http://www.mercynorthiowa.com/home-care>
641-357-5271 <http://www.thriftywhite.com/>
641-428-5920 <http://www.mercynorthiowa.com>
641-832-2656

INSURANCE INFORMATION

Elderbridge Agency on Aging
Senior Health Insurance Information Program
(SHIIP) Mitchell County Regional Health Center

800-243-0678 <http://elderbridge.org/>
641-732-6000 <http://www.mcrhc.com>

LEGAL ASSISTANCE

| | |
|-------------------------------------|--------------|
| Free Legal Service | 800-992-8161 |
| Lawyer Referral | 800-532-1108 |
| Legal Services Corp of Iowa | 800-532-1275 |
| Mitchell County Attorney | 641-732-5727 |
| Iowa Concern Hotline | 800-447-1985 |
| Iowa Mediation Service Incorporated | 515-351-8081 |

LOAN EQUIPMENT

| | |
|--|--------------|
| American Legion/Osage | 641-732-4774 |
| American Legion/St. Ansgar | 641-713-2150 |
| Our Savior's/American Cancer Society/Osage | 641-732-5522 |
| VFW | 641-732-3997 |

<https://www.oslcosage.org/>

MEDIA INFORMATION

| | |
|----------------------------|--------------|
| Mitchell County Press News | 641-732-3721 |
| Riceville Recorder | 641-985-2142 |
| Stacyville Recorder | 641-710-2119 |
| St. Ansgar Enterprise | 641-713-4541 |
| KIMT TV | 641-423-2540 |

<https://www.mcpress.com>

<https://www.staej.com/>

<http://www.kimt.com/>

MEDICAL RESOURCES & ASSISTANCE

| | |
|---------------------------------|--------------|
| AIDS Hotline | 800-448-0440 |
| Bremwood/ Charles City | 641-228-8030 |
| Catholic Charities | 800-772-2758 |
| Child/Dependent Adult Abuse | 800-362-2178 |
| Mitchell County Social Services | 641-832-2615 |

<https://hab.hrsa.gov/get-care/state-hiv-aids-hotlines>

<https://www.catholiccharitiesdubuque.org>

<http://dhs.iowa.gov/report-abuse-and-fraud>

| | |
|--|--------------|
| General Assistance, Mental Health, & Disability Services | |
| Crisis Intervention | 800-479-9071 |
| Department of Human Services/Toll Free | 888-417-9027 |
| Department of Human Services/Local | 641-228-5713 |
| Diabetes Education | 641-732-6000 |

<http://www.cishelps.org/>

<https://dhs.iowa.gov>

<https://dhs.iowa.gov>

<http://www.mcrhc.com/>

| | |
|--|--------------|
| Mitchell County Regional Health Center | |
| Elderbridge Agency on Aging | 800-243-0678 |
| EPSDT/CARE FOR KIDS | 641-423-5044 |

<http://elderbridge.org/>

<http://idph.iowa.gov/epsdt>

| | | |
|--------------------------------|--------------|---|
| Francis Lauer Youth Services | 641-432-7362 | https://www.yss.org/locations/francis-lauer/ |
| Free Eye Care Over 65 | 800-222-3937 | |
| Four Oaks/ Mason city | 641-423-3222 | https://www.fouroaks.org/ |
| Healthy Families | 800-369-2229 | http://idph.iowa.gov/family-health |
| Hearing Helpline | 800-327-9355 | http://www.betterhearing.org/ |
| Iowa Concerns Hotline | 800-447-1985 | |
| Medication Assistance Program | 800-243-0678 | |
| Mercy Family Health Line | 800-468-0050 | http://www.mercynorthiowa.com |
| Social Security Administration | 800-772-1213 | https://www.ssa.gov/ |

MEDICAL FACILITIES

| | | |
|---|--------------|---|
| Mitchell County Regional Health Center | 641-732-6000 | http://www.mcrhc.com/mitchell |
| Osage Clinic/Toll Free | 866-627-4280 | http://www.mcrhc.com/mitchell |
| Osage Clinic/Local | 641-732-6100 | http://www.mcrhc.com/mitchell |
| Riceville Clinic, Mon-Fri 8:30-12 Wed 1-430pm | 641-985-2122 | http://www.mcrhc.com/riceville-clinic |
| St. Ansgar Clinic/Toll Free | 866-627-4281 | http://www.mcrhc.com/st-ansgar-clinic |
| St. Ansgar Clinic/Local | 641-736-4401 | http://www.mcrhc.com/st-ansgar-clinic |

MENTAL HEALTH SERVICES

| | | |
|--|--------------|---|
| Case Management | 641-832-2615 | |
| Catholic Charities Counselor | 641-424-9683 | |
| Cedar Valley Friends of the Family <i>(homeless service, shelter services, etc.)</i> | 319-352-1108 | |
| Child/Dependent Adult Abuse | 800-362-2178 | https://dhs.iowa.gov/dependent_adult_abuse |
| Crisis Intervention | 641-423-9133 | http://www.cishelps.org/ |
| Disaster Distress Hotline | 800-985-5990 | |
| Family Alliance for Veterans of America (FAVA) <i>(support services for veterans and families)</i> | 641-243-4103 | |
| Four Oaks/ Mason City | 641-423-3222 | https://www.fouroaks.org/ |
| Francis Lauer Youth Services | 641-423-7362 | |
| Mitchell County Social Services <i>(resources and services for children and adults with disabilities)</i> | 641-832-2615 | |
| Mitchell County Home Health Care | 641-832-3500 | www.mchhceph.com |
| NAMI Iowa | 800-417-0417 | https://namiowa.org/ |
| National Helpline | 800-662-4357 | |
| National Suicide Prevention Hotline | 800-273-8255 | |
| North Iowa Community Action Coalition | 800-873-1899 | |

| | | |
|--|--------------------------------|---|
| North Iowa Regional Housing (low income rental assistance) | 641-243-4103 | |
| One Vision Children's Autism Center (evaluation & ABA therapy services) | 641-355-1215 | |
| Prairie Ridge/Mason City Substance Abuse/Mental Health Services Administration | 641-424-2391 (877-726-4727) | http://prairieridge.net/ www.samsa.gov |
| Senior Life Solutions (senior IDP program) | 641-732-6190 | |
| Turning Leaf – <i>private practice counseling services</i> *has walk-in options* | 641-530-4055 | |

PHARMACIES

| | | |
|------------------------|--------------|---|
| Brower Drug/St. Ansgar | 641-713-4381 | |
| Smart Pharmacy/Osage | 641-732-5806 | http://www.astrupdrug.com/SmartPharmacy/ |
| Riceville Pharmacy | 641-985-4114 | |

SUPPORT ORGANIZATIONS

| | | |
|--|--------------|---|
| Alcoholics/Narcotics Anonymous | 641-423-6266 | |
| Alzheimer's Support Group | 641-732-3300 | |
| Diabetes Support Group - MCRHC | 641-732-6000 | http://www.mcrhc.com/diabetes-education-608 |
| From Grief to Hope Bereavement Group, | 641-732-3452 | |
| Freedom from Addiction Substance Abuse | 641-732-3076 | |
| Hospice of North Iowa, Mason City | 641-422-6200 | |
| National Substance Abuse | 800-662-4357 | https://www.samhsa.gov |
| North Iowa Community Action Organization | 800-657-5856 | https://nicao-online.org/ |
| Prairie Ridge Addiction Treatment Center Mason City | 641-424-2391 | http://prairieridge.net/ |
| Charles City | 641-228-1477 | http://prairieridge.net/ |
| Sexual Assault Center | 641-424-9071 | http://www.cishelps.org/ |
| Sexually Transmitted Disease Hotline | 800-227-8922 | https://www.thestdproject.com |

TELEPHONE ASSURANCE

| | | |
|---------------------|--------------|---|
| Good Shephard, Inc. | 800-392-6638 | https://goodshepherdhealthcenter.org |
| Connect American | 800-893-7000 | https://connectamerica.com |

TERMINAL CARE

Hospice of North Iowa, Mason City
St. Croix Hospice

641-428-6208
641-924-0444

<https://www.mercynorthiowa.com>
<http://stcroixhospice.com/>

TRANSPORTATION

Local DHS office for out of county medical appt.
Road to Recovery (Cancer Rides Program)
NIACOG-Region 2 (Mitchell County)
Renee's Loving Care

888-417-9027
800-227-2345
641-423-2262
641-220-0455

<http://www.niacog.org/>
<http://www.reneeslovingcare.com/>

UTILITIES/FUEL AND WEATHERIZATION

North Iowa Community Action, Osage
Osage Municipal Utilities
Heartland Power Cooperative
Mitchell County Social Services

641-732-5383
641-832-3731
641-713-4965
641-832-2615

<https://nicao-online.org/>
<https://osage.net/>
<http://www.heartlandpower.com/>
ext.235

VOLUNTEERING OPPORTUNITIES

Bridges Mentoring Program
Elderbridge Agency on Aging
Foster Grandparents
Mitchell County Hospital Auxiliary
Shop on State (Carol Anderson)
Wapsi Great Western Line Trail

641-732-3566
800-243-0678
641-257-6327
641-732-6048
641-832-3030
641-220-2685

<http://bridgesmentoring.com/>
<http://elderbridge.org/>

<http://wgwtrail.com/>

